



Life with a TBI



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| <u>Interests 1</u> _____ | <u>Interests 2</u> _____ | <u>Interests 3</u> _____ | <u>Interests 4</u> _____ | <u>Interests 5</u> _____ |
| <u>Abilities 1</u> The ability to clearly express yourself | <u>Abilities 2</u> The ability to write | <u>Abilities 3</u> The ability to walk | <u>Abilities 4</u> The ability to read | <u>Abilities 5</u> The ability to see clearly |
| <u>Abilities 6</u> The ability to use your dominant arm | <u>Abilities 7</u> The ability to understand what is said to you | <u>Abilities 8</u> The ability to dress and bathe independently | <u>Abilities 9</u> The ability to engage in an activity for more than 2 hours without fatiguing | <u>Abilities 10</u> The ability to remember new information |
| <u>Resources 1</u> Support System | <u>Resources 2</u> A place to live | <u>Resources 3</u> Your income | <u>Resources 4</u> Your car | <u>Resources 5</u> Your insurance |
| <u>Roles 1</u> _____ | <u>Roles 2</u> _____ | <u>Roles 3</u> _____ | <u>Roles 4</u> _____ | <u>Roles 5</u> _____ |