

**Workshop Title:** COVID-19 Impact on Psychological Health and Quality of Life in Transgender Non-Conforming Community

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This study addresses and identifies lack of inclusive and accessible health care in the Transgender and Gender Non-Conforming Community (TGNC) and is one of the first steps to identify barriers to healthcare during the COVID-19 pandemic. Furthermore, we aim to identify how these factors affect(ed) both the *psychological health* and *overall quality of life* in the TGNC community. This study is a qualitative design which utilizes three questionnaires : (1) The COVID-19 Emotions and Feelings Questionnaire (CEFQ), (2) An adaptation of the Hamilton UCLA Depression Rating Scale (HAM-D), and (3) The Transgender Self-Evaluation Questionnaire (TSEQ). The purpose of this study was two-fold: **Goal one** is to examine how COVID-19 shelter-in-place order has impacted psychological health outcomes in the TGNC community. **Goal two** is to assess how the COVID-19 shelter-in-place order has altered overall quality of life, imposed limitations and healthcare access in the TGNC community. The results of this study will help us understand emotional and psychological well being, the barriers during shelter in place, as well as the effects on voice related quality of life in the TGNC community.